

Strands	Performance Standards	Benchmarks	
R.1	Knowledge of the Faith		
	R.1.1	To prepare Christians to know, understand and integrate the foundational beliefs of the Catholic faith through Sacred Scripture, Tradition and teachings of the Magisterium.	
		R.1.1.U.1	To recognize through revelation that God desires to be in relationship with us <ul style="list-style-type: none"> • (3) Retell the creation story • (3) Recognize and relate God's role as loving parent • (3) Know and recall the Old Testament stories of salvation history • (3) Understand that God loves us through the Church • (4) Relate how God's creation is a sign of His love for us • (4) Know and retell the Old Testament stories of salvation history • (4) Understand that God shares His life with us through the Church • (5) Describe how Jesus best models the revelation of God's love and care for us • (5) Trace the stories of God's loving covenant with Israel until the time of Jesus
		R.1.1.U.2	To reflect on God's revelation and thus come to understand our human desire for God <ul style="list-style-type: none"> • (3) Understand that we are created by God to be like Him • (3) Demonstrate that the Holy Spirit helps us to pray and grow closer to God • (4) Illustrate choices that show love for God and other people • (4) Describe ways that grace is sharing in God's life • (5) Demonstrate that the purpose of a Christian life is to know, love and serve God
		R.1.1.U.3	To explore, understand and apply Scripture to life through the guidance of the Magisterium <ul style="list-style-type: none"> • (3) Understand that God speaks to us through Scripture • (3) Know and recall the New Testament stories of Jesus' life and mission • (3) Locate the Old and New Testament books of the Bible • (3) Demonstrate how to locate passages in the Bible by book, chapter and verse • (4) Know Scripture is the inspired word of God • (4) Know and retell the New Testament stories of Jesus' life and mission • (4) Name and locate the Pentateuch and Psalms in the Old Testament • (4) Name and locate the four Gospels and Acts in the New Testament. • (5) Find the New Testament stories about the life and mission of Jesus a) Jesus' ministry as teacher and healer b) Jesus enjoying meals with others c) Jesus forgiving sinners d) Jesus' friendship with disciples and others
		R.1.1.U.4	<ul style="list-style-type: none"> • (5) Name and locate the Pentateuch, Historical Books, Psalms and Prophets in the Old Testament • (5) Name and locate the four Gospels, Acts and Paul's letters in the New Testament To learn the history of the Catholic Church and its role in the world <ul style="list-style-type: none"> • (3) Recognize that Jesus and the Holy Spirit made the Church fully present to us at Pentecost • (3) Identify the basic structure of the Church - laity, religious, bishops, priests, deacons, pope • (4) Name and understand the Church as the People of God and the Body of Christ • (4) Demonstrate how the Church has and continues to spread the Good News about Jesus • (5) Explain ways that the Holy Spirit guides the Church and is active in our daily lives • (5) Compare and contrast the community life of the early Church from Acts and Paul's letters and the Church today
		R.1.1.U.5	To understand the core teachings of the Catholic Church <ul style="list-style-type: none"> • (3) Identify God as Father, Son and Holy Spirit • (3) Name the marks of the Church - one, holy, catholic and apostolic • (3) Name the Virgin Mary as the Mother of God • (3) Name two saints that show us how to live like Jesus • (3) Recognize that Jesus came to forgive our sins and wants us to be with Him in heaven • (4) Explain God as Father, Son and Holy Spirit • (4) Explain the marks of the Church - one, holy, catholic and apostolic • (4) Know the Blessed Virgin Mary and the saints are models of discipleship • (4) Demonstrate how God's mercy and forgiveness is given by Christ through the Church • (5) Recite the Nicene Creed from memory • (5) Explain key passages of the Nicene Creed in the child's own words • (5) Apply these key passages of the Nicene Creed to the child's life • (5) Tell stories of Catholic saints and demonstrate how to follow their example
R.2	Liturgy and Sacraments		

Strands	Performance Standards	Benchmarks	
	R.2.1	To prepare Christians to understand and foster a full, active, and conscious participation in the celebration of the liturgy and the sacraments	
		R.2.1.U.1	To understand that the sacraments which are celebrated by the Church are outward signs of God's love revealed through the Paschal Mystery of Christ. <ul style="list-style-type: none"> • (3) Name the symbols and signs for each sacrament • (3) Understand that sacraments are rooted in ancient rituals • (3) Explain sacramentals, their purpose and use in each sacrament • (4) Know how God's love and saving power is celebrated and is received in each of the seven sacraments • (5) Explain how the sacraments are necessary for salvation • (5) Understand that the sacraments were given to the Church by Christ and are both "for the Church" and "by the Church"
		R.2.1.U.2	To know and value the importance of the sacraments of initiation, including the dignity and responsibility of Baptism, the deepening of grace in Confirmation, and the centrality of the Eucharist. <ul style="list-style-type: none"> • (3) Explain the sacraments of initiation - Baptism, Confirmation and Eucharist • (4) Identify Scripture stories that illustrate Christ's presence in the sacrament of Baptism • (4) Identify Scripture stories that illustrate Christ's presence in the sacrament of Confirmation • (4) Identify Scripture stories that illustrate Christ's presence in the sacrament of Eucharist • (5) Define initiation as it relates to the sacraments of initiation: Baptism, Confirmation and Eucharist
		R.2.1.U.3	To know and value the importance of the sacraments of healing - Reconciliation and Anointing of the Sick <ul style="list-style-type: none"> • (3) Explain the sacraments of healing - Reconciliation and Anointing of the Sick • (4) Identify Scripture stories that illustrate Christ's presence in the sacrament of Reconciliation • (4) Identify Scripture stories that illustrate Christ's presence in the sacrament of Anointing of the Sick • (4) Define healing as it relates to the sacraments of healing - Reconciliation and Anointing of the Sick
		R.2.1.U.4	To know and value the importance of the sacraments of service to the Church - Marriage and Holy Orders <ul style="list-style-type: none"> • (3) Explain the sacraments of service - Marriage and Holy Orders • (4) Identify Scripture stories that illustrate Christ's presence in the sacrament of Marriage • (4) Identify Scripture stories that illustrate Christ's presence in the sacrament of Holy Orders • (5) Define service as it relates to the sacraments of service - Marriage and Holy Orders
		R.2.1.U.5	To understand that the Eucharist is the source and summit of the life of the Church <ul style="list-style-type: none"> • (3) Know that Sunday is the principal day for celebration of Eucharist • (3) Understand the different parts of the Mass: Liturgy of the Word and Liturgy of the Eucharist • (4) Explain why the Eucharistic liturgy is the greatest expression of prayer for the Church • (5) Explain how Jesus loves us most perfectly in the celebration of the Eucharist
		R.2.1.U.6	To acquire the knowledge, spirituality and skills which lead to full, conscious, and active participation in the liturgical life of the Church <ul style="list-style-type: none"> • (3) Know liturgical calendar and its connection to the life of Christ • (3) Know the symbols, practices and celebrations of the liturgical year • (4) Name, locate and state the purpose of the parts of the worship space and liturgical items • (4) Identify and explain the Holy Days of Obligation • (5) Identify and explain the other forms of the Church's liturgical prayer - other sacramental celebrations and the Liturgy of the Hours
R.3	Moral Formation in Jesus Christ		
	R.3.1	To prepare Christians to grow in holiness and make good moral choices by being drawn into a deep personal relationship with Christ	
		R.3.1.U.1	To develop a moral foundation centered in a virtuous life and a properly informed conscience through the teaching of the Catholic Church <ul style="list-style-type: none"> • (3) Describe how the Church helps you know right from wrong • (4) Recite the Ten Commandments and explain how they serve as a guide to us • (4) Summarize the main ideas of the Beatitudes • (5) Explain how the Ten Commandments and the Beatitudes help us live in good relationship with God and with others

Strands	Performance Standards	Benchmarks	
			<ul style="list-style-type: none"> • (5) Demonstrate how to examine our conscience
		R.3.1.U.2	<ul style="list-style-type: none"> To recognize the need for grace to live a moral life and to be faithful to Scriptural values • (3) Define the meaning of grace and how it is necessary to live a moral life • (3) Explain the ways that God gives us grace • (4) Explain how grace is a gift from God that helps us be more like Jesus
			<ul style="list-style-type: none"> • (4) Name saints and explain how their lives were open to the transforming power of God's grace • (5) Explain how the Blessed Virgin Mary is "full of grace"
		R.3.1.U.3	<ul style="list-style-type: none"> • (5) Explain St. Paul's statement in Gal 2:20 - "It is no longer I who live, but Christ who lives in me." To recognize and honor the dignity of human life from natural conception to natural death • (3) Define dignity as it relates to human life • (4) Identify Scripture stories of Jesus modeling respect for the dignity of human life • (5) Identify threats to the dignity of human life in our culture • (5) Name ways to defend those whose dignity or life is threatened
		R.3.1.U.4	<ul style="list-style-type: none"> To understand the nature of sin and personal responsibility • (3) Explain personal, venial, mortal and social sin • (4) Give examples of a virtuous life • (4) Apply God's forgiveness from Scripture to real-life situations • (5) Describe the process for making good moral decisions • (5) Describe an examination of conscience • (5) Describe how to use critical decision-making when encountering a moral problem
R.4	Prayer		
	R.4.1	To prepare Christians to come into communion with God by learning to pray with Christ	
		R.4.1.U.1	<ul style="list-style-type: none"> To develop a life-long relationship with God through prayer • (3) Explain how God calls each person to know Him through prayer • (3) Explain how prayer is conversation with God and He always hears our prayers • (4) Demonstrate the ability to spend time in quiet prayer • (4) Know the three expressions of prayer: vocal, meditative and contemplative prayer • (5) Be able to compose and vocalize spontaneous prayers: Adoration, Thanksgiving, Petition, Contrition, Praise
		R.4.1.U.2	<ul style="list-style-type: none"> To know and participate in Catholic prayer traditions • (3) Recite the Our Father, Hail Mary, Glory Be, Apostle's Creed • (4) Know what a blessing is and how it confers God's grace • (4) Retell the story of how a saint relied on prayer in their daily life • (5) Know and participate in various devotions: Rosary, Stations of the Cross, Litanies, other Marian Devotions
		R.4.1.U.3	<ul style="list-style-type: none"> To know and experience private, communal, and liturgical forms of prayer • (3) Explain and demonstrate reverence at Mass • (3) Explain and demonstrate inclusion of prayer in our daily life • (4) Name and distinguish the different forms of prayer within the Mass: Adoration, Thanksgiving, Petition, Contrition, Praise • (5) Explain why the Mass is the Church's most perfect form of prayer • (5) Explain the role of the Liturgy of the Hours in the prayer of the Church
		R.4.1.U.4	<ul style="list-style-type: none"> To recognize the importance of the role of Scripture in our prayer life. • (3) Give examples of how Jesus prayed in the Gospels • (3) Recognize that Jesus taught the disciples and the Church to pray the Lord's Prayer • (4) Locate the Psalms in the Bible and identify their location and importance in the Mass and Liturgy of the Hours • (5) Demonstrate the ability to spend time in quiet reflection on Scriptural passages
			<ul style="list-style-type: none"> • (5) Locate Old and New Testament passages that demonstrate the necessity and power of prayer
R.5	Community Life in the Church		
	R.5.1	To prepare Christians to live in community and to participate actively in the life and mission of the Church	
		R.5.1.U.1	<ul style="list-style-type: none"> To actively participate in the life and work of the local and global faith community • (3) Recognize the role and importance of Baptism in becoming adopted children of God • (4) Name the gifts and talents that God has given you to serve others • (4) Identify the responsibilities of being a Catholic • (5) Explain how we are members of our local parish and members of the universal Church • (5) Explain how the Church helps foster the Kingdom of God

Strands	Performance Standards	Benchmarks	
		R.5.1.U.2	To grow spiritually as a faith community <ul style="list-style-type: none"> (3) Understand that through Baptism, we become temples of the Holy Spirit (3) Give examples of how to help others at home, school and our parish (4) Explain the role of family and community in helping us live like Jesus (4) Demonstrate ways that Jesus and the Church help us live Christian lives (5) Describe how sin hurts not only the sinner, but others as well (5) Explain how our good deeds help our families, schools, parishes and communities
		R.5.1.U.3	To cultivate human values and Christian virtues <ul style="list-style-type: none"> (3) Recognize that even though people are different, all are made in the image and likeness of God (3) Present five good ways to behave toward others (4) Recite and explain Jesus' law of love: "Love one another as I have loved you." (4) Explain the role and importance of authority in our lives as Christians
		R.5.1.U.4	To develop good stewardship <ul style="list-style-type: none"> (5) Explain the role and importance of forgiveness in our relationship with others and with God (5) Tell the story of saints who lived a virtuous life (3) Define stewardship as prayer, service and sharing (4) Explain the primary role of prayer in being a good steward (4) Explain the roles of service and sharing in stewardship (5) Explain how or why God is the source of our love for others.
R.6	Missionary Spirit		
		R.6.1	To prepare Christians to participate in society as faith-filled disciples and to be able to witness their faith in word and deed
		R.6.1.U.1	To recognize and respond to our baptismal call of service according to our vocation in life <ul style="list-style-type: none"> (3) Name ways to demonstrate service to our families (3) Explain how to follow Jesus through the different vocations: marriage, vowed religious, ordained (5) Identify saints who lived out their vocation to marriage, vowed religious life and ordained life (5) Explain how our first vocation is God's call for us to be holy
		R.6.1.U.2	To exercise responsible stewardship for the gift of creation <ul style="list-style-type: none"> (3) Name ways we can take care of God's creation in nature (3) Name ways we can take care of God's creation in other people (4) Name ways that God wants us to share our goods with others (5) Demonstrate the Catholic understanding and tradition of ownership and property
		R.6.1.U.3	To encourage, motivate and equip the faithful to speak to others about Scripture, Tradition and the teachings of the Catholic Church <ul style="list-style-type: none"> (3) Explain why you need to share the good news of Jesus (4) Name and explain your favorite Gospel stories (4) Tell the stories of saints who shared their faith with others (4) Explain why Jesus always has a special love for the poor and give examples
		R.6.1.U.4	To live as disciples of Christ through the knowledge and practice of Catholic social teaching <ul style="list-style-type: none"> (3) Compare and contrast the Corporal and Spiritual Works of Mercy (4) List activities that demonstrate the Corporal and Spiritual Works of Mercy (5) Illustrate how caring for others means meeting their needs with charity
		R.6.1.U.5	To give witness to Catholic principles and values in all aspects of daily life <ul style="list-style-type: none"> (3) Explain how your words and actions can either help or hurt others (4) Give examples of how to live your life as a witness to Jesus and the Gospels (5) Name the seven capital sins and why God wants us to avoid this sinful behavior (5) Explain how the Beatitudes are ways to honor God and to treat others
		R.6.1.U.6	To develop an awareness of and respect for the beliefs and traditions of other world religions <ul style="list-style-type: none"> (3) Explain how all life is a gift from God and must be respected in all circumstances (4) List ways that we can show respect for other peoples, cultures and religions (5) List ways all people are different and ways people are the same.
R.7	Safe Environment		
		R.7.1	To help Christians realize that each person deserves to be loved and cared for and can help themselves stay safe
		R.7.1.U.1	To understand each human being is created in the image and likeness of God <ul style="list-style-type: none"> (4) Realize that all children are persons of worth and their bodies belong to them
		R.7.1.U.2	To understand that choices have consequences

Strands	Performance Standards	Benchmarks	
			<ul style="list-style-type: none"> • (3) Recognize secrets can separate you from others • (4) Understand some actions and behaviors are wrong or sinful • (5) Recognize the responsibility of the gift of free will
		R.7.1.U.3	<p>To recognize experiences of good and bad human relationships and friendships</p> <ul style="list-style-type: none"> • (3) Define different kinds of friendships • (4) Name trusted adults • (5) Describe strategies to get out of abusive or potentially abusive situations • (5) Know how to get help for a friend who has been abused
		R.7.1.U.4	<p>To differentiate between safe, unsafe and unwanted touch</p> <ul style="list-style-type: none"> • (3) Define abuse • (4) Explain the importance of reporting abuse and where to go for help if you are abused • (5) Define different types of touches