

Strands	Performance Standards	Benchmarks
R.1	Knowledge of the Faith	<p>To prepare Christians to know, understand and integrate the foundational beliefs of the Catholic faith through Sacred Scripture, Tradition and teachings of the Magisterium.</p> <p>R.1.1</p> <p>R.1.1.M.1</p> <p>To recognize that through revelation that God desires to be in relationship with us</p> <ul style="list-style-type: none"> <li>• (6) Explain various titles of Jesus (Priest, Messiah, Teacher, Lamb of God, Prophet, Son of God)</li> <li>• (6) Develop an understanding of revelation and covenants by exploring Hebrew Scriptures</li> <li>• (7) Understand the Paschal Mystery (John 3:16)</li> <li>• (8) Explain that "faith" is our life response to God, who reveals Himself to us</li> </ul> <p>R.1.1.M.2</p> <p>To reflect on God's revelation and thus come to understand our human desire for God</p> <ul style="list-style-type: none"> <li>• (6) Learn and appreciate the response in faith of the Patriarchs from the Hebrew Scriptures</li> <li>• (7) Recognize our need to respond to the Paschal Mystery</li> <li>• (8) Discuss the implications for how belief in Jesus affects our life</li> </ul> <p>R.1.1.M.3</p> <p>To explore, understand and apply Scripture to life through the guidance of the Magisterium</p> <ul style="list-style-type: none"> <li>• (6) Recognize the list of the Old and New Testament books found in the Catholic Bible</li> <li>• (6) Know and retell the major stories of the Old Testament</li> <li>• (6) Develop ability to interpret Scripture through the eyes of the Catholic Church</li> <li>• (7) Know that Sacred Scripture is the inspired Word of God and not a book of history or scientific facts</li> </ul> <p>R.1.1.M.4</p> <p>To learn the history of the Catholic Church and its role in the world</p> <ul style="list-style-type: none"> <li>• (6) Develop the timeline for the Old Testament</li> <li>• (6) Recall major events, themes and people from salvation history in the Old Testament</li> <li>• (7) Develop the timeline for the New Testament</li> <li>• (7) Recall major events, themes and people from salvation history in the New Testament</li> <li>• (7) Explore the origins, the history and the mission of the Church and the role of the Church in salvation</li> <li>• (8) Recognize the value of different cultural expressions of Catholicism</li> <li>• (8) Recognize some significant developments in church history after the time of Jesus</li> <li>• (8) Name holy men and women who live now and follow the teachings of Jesus</li> <li>• (8) Recognize the importance of ecumenical dialogue to further Christian unity</li> </ul> <p>R.1.1.M.5</p> <p>To understand the core teachings of the Catholic Church</p> <ul style="list-style-type: none"> <li>• (6) Understand that Hebrew Scripture and exploration of the Covenants prepare us for the ultimate Covenant (Jesus Christ)</li> <li>• (7) Define the meaning of the Nicene Creed</li> <li>• (7) Develop knowledge of the Church by exploring the creeds and Acts of the Apostles</li> <li>• (7) Know that the Trinity is the central mystery of our Christian faith and life</li> <li>• (8) Know that salvation is a gift from God that requires us to respond in faith and good works</li> <li>• (8) Understand the four marks of the Church</li> <li>• (8) Understand the mission of the Church as herald, prophet, servant and community</li> <li>• (8) Explain the communion of saints</li> </ul>
R.2	Liturgy and Sacraments	<p>To prepare Christians to understand and foster a full, active, and conscious participation in the celebration of the liturgy and the sacraments</p> <p>R.2.1</p> <p>R.2.1.M.1</p> <p>To understand that the sacraments which are celebrated by the Church are outward signs of God's love revealed through the Paschal Mystery of Christ.</p> <ul style="list-style-type: none"> <li>• (6) Connect the sacramental actions (water, table, anointing, etc.) of the Hebrew Scriptures with the sacraments</li> <li>• (7) Connect the sacramental actions (water, table, anointing, etc) of the New Testament with the sacraments</li> <li>• (7) Give examples of how we give witness to Jesus' life, death and resurrection</li> <li>• (7) Explain how the sacraments strengthen us to give witness to the life of Jesus</li> <li>• (8) Understand the Christian meaning of death and life after death</li> <li>• (8) Explain the rites of a funeral</li> <li>• (8) Describe the process of canonization of a saint</li> </ul> <p>R.2.1.M.2</p> <p>To know and value the importance of the sacraments of initiation, including the dignity and responsibility of Baptism, the deepening of grace in Confirmation, and the centrality of the Eucharist</p> <ul style="list-style-type: none"> <li>• (6) Identify early elements of the sacraments of initiation in the Hebrew Scriptures</li> <li>• (7) Identify and explain the signs and symbols of each sacrament</li> <li>• (7) Describe what each sacrament celebrates</li> <li>• (7) Understand the nature and purpose of ritual</li> <li>• (7) Recognize the importance of the sacrament of Baptism and our Baptismal vows for living as disciples of Jesus and members of the Catholic community</li> <li>• (7) Discuss how our Baptismal vows relate to the creed</li> <li>• (7) Describe the importance of the Eucharistic Prayer in the Mass</li> <li>• (7) Reflect on the experience of Eucharist</li> <li>• (7) Name the gifts of the Holy Spirit</li> <li>• (8) Trace the development of the sacraments of initiation throughout the Church's history</li> <li>• (8) Understand the significance of the Eucharist as the center of our faith</li> <li>• (8) Explain evangelization</li> <li>• (8) Exhibit ways of evangelizing</li> <li>• (8) Explain the Rite of Christian Initiation of Adults (RCIA) process</li> </ul> <p>R.2.1.M.5</p> <p>To understand that the Eucharist is the source and summit of the life of the Church</p> <ul style="list-style-type: none"> <li>• (6) Recognize the influence of Hebrew Scripture in the Eucharistic Liturgy</li> <li>• (7) Understand the centrality of Eucharist in our faith life</li> <li>• (8) Trace the development of the Eucharistic celebration throughout the history of the Church</li> </ul>

Strands	Performance Standards	Benchmarks	
		R.2.1.M.6	<p>To acquire the knowledge, spirituality and skills which lead to full, conscious and active participation in the liturgical life of the Church</p> <ul style="list-style-type: none"> <li>• (6) Experience a Seder meal and connect it to the Eucharistic Liturgy</li> <li>• (6) Describe how the Christian mystery is celebrated through the liturgical year</li> <li>• (7) Explain how liturgy is the work of the Christian community</li> <li>• (7) Reflect on the experience of Eucharist and how it connects to family, parish and daily life</li> <li>• (7) Know the difference between the celebration of Eucharist, Liturgy of the Word or Liturgy of the Word with Communion</li> <li>• (8) Explore the development of lay participation in the Eucharistic celebration from Apostolic times to the present</li> <li>• (8) Pray the canticles</li> <li>• (8) Pray the Liturgy of the Hours</li> <li>• (8) Lead young children in the Liturgy of the Hours</li> <li>• (8) Help plan, implement, participate and lead several different prayer experiences</li> <li>• (8) Participate in various liturgical ministries</li> <li>• (8) Understand the role of the assembled community in our liturgical celebrations</li> <li>• (8) Explain the reason and history of the Lenten fasting regulations</li> </ul>
R.3	Moral Formation in Jesus Christ		
		R.3.1	<p>To prepare Christians to grow in holiness and make good moral choices by being drawn into a deep personal relationship with Christ</p>
		R.3.1.M.1	<p>To develop a moral foundation centered in a virtuous life and a properly informed conscience through the teaching of the Catholic Church</p> <ul style="list-style-type: none"> <li>• (6) Identify the Ten Commandments as a foundation of moral decision making</li> <li>• (6) Understand the covenants and how they relate to the Ten Commandments</li> <li>• (7) Recognize that the foundation of Catholic morality is based on Christ's humanity</li> <li>• (7) Demonstrate ways to be disciples of Jesus</li> <li>• (7) Understand how the Ten Commandments, Beatitudes, Catholic Social Teachings and Works of Mercy apply to daily life</li> <li>• (7) Explain how the "Great Commandment" guides us in moral decision making</li> <li>• (7) Explain the relationship between the "Great Commandment" and free will</li> <li>• (8) Understand that living a moral life is a life-long process</li> <li>• (8) Apply principles of Catholic moral teachings to daily life</li> </ul>
		R.3.1.M.2	<p>To recognize the need for grace to live a moral life and to be faithful to Scriptural values</p> <ul style="list-style-type: none"> <li>• (6) Recognize God's direction to live a moral life by exploring Hebrew scripture</li> <li>• (7) Identify moral values in the teachings of Jesus by exploring the Beatitudes, Spiritual and Corporal Works of Mercy</li> <li>• (7) Interpret different Bible stories about Jesus and forgiveness</li> <li>• (7) Understand that with the grace of God, we overcome sin</li> <li>• (8) Know the precepts of the church</li> <li>• (8) Distinguish charity from justice issues</li> </ul>
		R.3.1.M.3	<p>To recognize and honor the dignity of human life from natural conception to natural death</p> <ul style="list-style-type: none"> <li>• (6) Explore the Ten Commandments through the lens of human dignity and right to life</li> <li>• (6) Show ways to respect life at each stage</li> <li>• (7) Demonstrate how moral virtues strengthen our lives</li> <li>• (7) Explain how the teachings of Jesus show ways to respect others</li> </ul>
		R.3.1.M.4	<p>To understand the nature of sin and personal responsibility</p> <ul style="list-style-type: none"> <li>• (6) Trace the nature of sin found in Hebrew Scripture</li> <li>• (6) Know how personal and social aspects of sin relate to individual and societal responsibility</li> <li>• (7) Identify the elements of a well-formed conscience using scripture, doctrine and church teachings</li> <li>• (7) Know the different forms of celebrating the Sacrament of Reconciliation</li> <li>• (7) Provide examples of how we use a well-formed conscience to make moral decisions</li> <li>• (7) Distinguish between object, intention and circumstances as sources of moral human acts</li> <li>• (7) Exhibit the use of critical reflection in making moral decisions</li> <li>• (7) Demonstrate a desire to live a moral life</li> </ul>
R.4	Prayer		
		R.4.1	<p>To prepare Christians to come into communion with God by learning to pray with Christ</p>
		R.4.1.M.1	<p>To develop a life-long relationship with God through prayer</p> <ul style="list-style-type: none"> <li>• (6) Recognize the roots of prayer found in Hebrew Scripture</li> <li>• (6) Experience the use of the Old Testament as a form of prayer</li> <li>• (7) Recognize that prayer is a dialogue with God</li> <li>• (7) Recognize, appreciate and understand various ways God answers prayers in the New Testament</li> <li>• (7) Demonstrate an understanding that every Baptized person is called to be a blessing and to bless</li> <li>• (7) Lead others in prayers of petition and intercession</li> </ul>
		R.4.1.M.2	<p>To know and participate in Catholic prayer traditions</p> <ul style="list-style-type: none"> <li>• (6) Connect Old Testament prayer practices to current Catholic liturgical prayer</li> <li>• (8) Experience the freedom to approach God with our deepest needs, concerns and struggles</li> <li>• (8) Reflect on the complexity of world situations through different prayer forms</li> </ul>

Strands	Performance Standards	Benchmarks
		<ul style="list-style-type: none"> <li>• (6) Review and recite the following prayers: Apostles' Creed, Prayer for the Dead, Acts of Faith, Hope and Charity, Stations of the Cross</li> <li>• (7) Explore the life of Christ through devotional prayer such as the Stations of the Cross and the Rosary</li> <li>• (7) Understand that the Our Father is a summary of the gospels</li> <li>• (7) Experience Eucharistic Adoration</li> <li>• (8) Engage in a guided meditation</li> </ul>
	R.4.1.M.3	<ul style="list-style-type: none"> <li>To know and experience private, communal, and liturgical forms of prayer</li> <li>• (6) Develop and lead a communal prayer service</li> <li>• (6) Engage in private prayer practices</li> <li>• (7) Explore the Eucharistic Liturgy through participation and leadership</li> <li>• (8) Experience and practice other forms of meditation</li> </ul>
	R.4.1.M.4	<ul style="list-style-type: none"> <li>To recognize the importance of the role of Scripture in our prayer life</li> <li>• (6) Discover the beauty and richness of prayer that is guided by Scripture, especially in the Old Testament</li> <li>• (7) Connect traditional prayers such as the Lord's Prayer to Scripture, especially in the New Testament</li> <li>• (8) Develop an appreciation for prayer by fostering intergenerational prayer partners</li> </ul>
R.5	Community Life in the Church	
	R.5.1	To prepare Christians to live in community and to participate actively in the life and mission of the Church
	R.5.1.M.1	<ul style="list-style-type: none"> <li>To actively participate in the life and work of the local and global faith community</li> <li>• (6) Explore the value of the local parish community through outreach, community building activities and service</li> <li>• (7) Participate in the ministries of the parish</li> <li>• (8) Describe the relationship between charity and justice</li> <li>• (8) Advocate for justice</li> </ul>
	R.5.1.M.2	<ul style="list-style-type: none"> <li>To grow spiritually as a faith community</li> <li>• (6) Research signs of spirituality of the faith community found in the Old Testament</li> <li>• (7) Explain the centrality of the Eucharist in the life of the Church</li> <li>• (7) Name the gifts of the Holy Spirit</li> <li>• (7) Give examples of how the gifts of the Holy Spirit help form us into community</li> <li>• (8) Experience spiritual formation through retreats</li> </ul>
	R.5.1.M.3	<ul style="list-style-type: none"> <li>To cultivate human values and Christian virtues</li> <li>• (6) Explore how the Old Testament teaches us about God's compassion</li> <li>• (6) Study the Old testament covenant in light of spiritual formation</li> </ul>
	R.5.1.M.4	<ul style="list-style-type: none"> <li>• (7) Apply the cardinal and theological virtues and give examples of how they guide our daily living</li> <li>• (8) Foster responsibility for changes in behavior and/or attitude to enhance Christian virtues</li> <li>• (8) Distinguish between the long-lasting happiness that comes from God and temporary happiness that comes from the world and things</li> <li>• (8) Identify and interpret our duty to work with religious and civic leaders to build a world based on justice and the common good</li> <li>To develop good stewardship</li> <li>• (6) Develop a plan for stewardship of talent (e.g. play for young children, artwork)</li> <li>• (7) Develop a plan for stewardship of time and treasure (e.g. food drive, walk a-thon, fundraising, tithing)</li> <li>• (7) Apply the baptismal call of priest, prophet and king to all areas of our lives</li> <li>• (8) Accomplish a plan for stewardship of talent, time and treasure</li> <li>• (8) Identify the roles and responsibilities of the laity and ordained in carrying out the mission of the Church</li> </ul>
R.6	Missionary Spirit	
	R.6.1	To prepare Christians to participate in society as faith-filled disciples and to be able to witness their faith in word and deed
	R.6.1.M.1	<ul style="list-style-type: none"> <li>To recognize and respond to our baptismal call of service according to our vocation in life</li> <li>• (6) Explore vocations in the light of people from the Old Testament</li> <li>• (6) Give examples of holy people found in the Old Testament</li> <li>• (7) Identify how Christian vocations reflect our baptismal call to discipleship</li> </ul>
	R.6.1.M.2	<ul style="list-style-type: none"> <li>• (7) Identify the ways vocations to married, vowed religious and ordained life give service to others</li> <li>• (7) Give examples of saints and holy people found in the New Testament, in history and in the world today</li> <li>• (8) Describe the mission of the laity in the world</li> <li>• (8) Identify the contributions of various religious orders in the United States</li> <li>• (8) Acquire first hand knowledge of living a vocational life</li> </ul>
	R.6.1.M.3	<ul style="list-style-type: none"> <li>• (8) Identify founders of major religious communities and how their followers serve the Church today</li> <li>To exercise responsible stewardship for the gift of creation</li> <li>• (6) Explore the first creation story in light of our responsibility to care for God's creation</li> <li>• (7) Apply the virtues found in Scripture to how we use God's gift of creation</li> <li>• (8) Trace the history of the Church's teachings on stewardship of creation using Scripture and recent Church documents</li> <li>To encourage, motivate and equip the faithful to speak to others about Scripture, Tradition and the teachings of the Catholic Church</li> <li>• (6) Articulate a basic understanding of Hebrew Scripture</li> <li>• (7) Understand that the main teachings of the faith are contained in the Creed</li> <li>• (8) Articulate an understanding of the traditions and teachings of the Church</li> <li>• (8) Participate in personal faith sharing experiences</li> </ul>

Strands	Performance Standards	Benchmarks	
		R.6.1.M.4	To live as disciples of Christ through the knowledge and practice of Catholic social teaching <ul style="list-style-type: none"> <li>• (6) Explore principles of Catholic social justice through the writings of the Prophets</li> <li>• (7) Explore principles of Catholic social justice through the teachings of Jesus</li> <li>• (7) Apply the gospel message of justice and peace to circumstances in life</li> <li>• (8) Identify forces of violence, oppression and injustice present in society today</li> <li>• (8) Evaluate the issues of homelessness, hunger, poverty and illiteracy through the social teaching of the Church</li> </ul>
		R.6.1.M.5	To give witness to Catholic principles and values in all aspects of daily life <ul style="list-style-type: none"> <li>• (6) Understand what it means to live by Catholic principles and values as revealed through Scripture</li> <li>• (7) Recognize the value of Christian discipleship as exemplified by men and women throughout history</li> <li>• (7) Identify opportunities to perform the Works of Mercy</li> <li>• (8) Evaluate wants and needs in light of the common good</li> <li>• (8) Identify opportunities to create change in personal behavior and/or attitude</li> </ul>
		R.6.1.M.6	To develop an awareness of and respect for the beliefs and traditions of other world religions <ul style="list-style-type: none"> <li>• (6) Demonstrate an awareness of the special place Jewish people have in salvation history</li> <li>• (7) Demonstrate respect for persons of other religions</li> </ul>
R.7	Safe Environment		<ul style="list-style-type: none"> <li>• (8) Compare and contrast key beliefs of the Catholic Church and other Christian denominations</li> </ul>
		R.7.1	To help Christians realize that each person deserves to be loved and cared for and can help themselves stay safe
		R.7.1.M.1	To understand each human being is created in the image and likeness of God <ul style="list-style-type: none"> <li>• (6) Understand that you are loved and deserve respect</li> </ul>
		R.7.1.M.2	To understand that choices have consequences <ul style="list-style-type: none"> <li>• (7) Understand behaviors and actions that harm you and others physically, psychologically or spiritually are wrong</li> <li>• (8) Explain the consequences of abuse</li> </ul>
		R.7.1.M.3	To recognize experiences of good and bad human relationships and friendships <ul style="list-style-type: none"> <li>• (6) Develop communication with parents and other family members to keep you safe</li> <li>• (6) Develop skills to recognize, trust and follow your instincts about people and situations</li> <li>• (7) Explore ideas of setting personal boundaries and the effects of having these boundaries violated</li> <li>• (8) Identify personal boundaries that no one, not even a relative, should cross</li> </ul>
		R.7.1.M.4	To differentiate between safe, unsafe and unwanted touch <ul style="list-style-type: none"> <li>• (6) Define emotional abuse</li> <li>• (6) Name concrete courses of action to take if you experience emotional abuse</li> <li>• (7) Develop skills, including assertiveness, that are necessary for responding to abusive situations</li> <li>• (8) Identify the risk factors associated with sexual abuse</li> </ul>