



# Quarterly Student Newsletter

## Volleyball

On September 2, 2009 the 7<sup>th</sup> grade girls played St. Nick, Freedom. In the first game the Lions lost 15-8. There was a lot of volleying going on, and both teams had good servers. In the second game, the Lions won 15-10. At first, the Lions were losing 10-4 when Rachel Roth came to serve. She served seven straight serves to help tie the game. Later, Jackie Sticka helped bring in points for a victory. The Lions ended up losing the third game 15-13.

On September 8, the 6<sup>th</sup> grade volleyball team won all three games. Katrina Franda, Shelley Butler, Alli Ruffing, and Karli VanCamp had nice serves. Jackie Probst and Megan Brochtrup had some nice digs and saved the ball.

Also that night, the Sacred Heart 8<sup>th</sup> grade volleyball team won against St. Nick, Freedom. Hailey Hemauer and Kourtney Buelow had great spikes and tips with the help of Madeline Goeser and Dana Schumacher with nice sets. The game was very exciting with a lot a volleys.

On September 21, 2009 the 7<sup>th</sup> grade volleyball played St. John Blue. In the first game, the Lions lost 15-12. In the second game Lions were defeated again with a score of 15-10. Since the games are played best out of three, the last game was just played for fun. In that game, Kayla Van Handel scored the first

three points. Then, Jordan Schneider served 11 serves in a row, so the score was 14-0. The Lions only needed one point to win. Then St. John came back to get 15 straight points. In order for a win, a team needs to win by two points. Unfortunately, St. John earned those additional points, so the Lions were dealt their final loss for the night.

On October 17<sup>th</sup>, the 7<sup>th</sup> grade volleyball had a tournament at St. Mary High School. First they played Seton Red. The Lions won the first game 15-8. The Lions also won the second round with a score of 15-9, which put them in the championship bracket. The next game was played against St. Nick, Freedom. The Lions won the first game 16-14. There was a lot of volleying going on, and it was a tough match. After all their hard work, the team took third in the tournament.

## Basketball

The boys basketball team is starting to practice. They hope to see a good season. We welcome the 4-5 graders to a new opportunity to represent our school and hope they learn things they will remember for future years.



## School Activities

In art class, each class made a color wheel. First, the students made the three primary colors which are red, yellow, and blue. They also made the secondary colors which are green, orange, and purple. Orange is created by mixing yellow and red. To get purple, they mixed blue and red, and finally, green is made by mixing blue and yellow. When the students were finished, the color wheels were then glued to a black piece of paper and displayed in the hallway.

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In gym, grades 6-8 students are doing fitness testing, volleyball when the weather is cooler, and tennis when the weather is nice. In fitness testing the 3<sup>rd</sup> grade class only runs half a mile, and grades 4-8 are running a mile. The students also do the shuttle run, pull-ups, and sit-ups. The students are trying their hardest and succeeding.

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In art class, all grades are making sketches of people that look like they are running. The steps to completing this project are to start by shaping the body of a person on paper. Next, students add details such as clothing, faces, shoes and hair. The drawings are complete with the last step of adding color. The finishes drawings are cut out and hung in the hallways throughout the building to make it look like people are running around the school.

The 6<sup>th</sup> grade Social Studies students are making posters for two countries. First, the poster is divided into four sections. One section is for comparing and contrasting, where students have a diagram and a list of five facts about each country. Another section is for a travel poster, which lists five tourist attractions for each country and facts about them. The third section is for map drawings, which includes maps with cities, natural resources, and parks marked on them. The last section is for cathedrals. Under the cathedrals section students list one cathedral for each country and describe whom it is dedicated to. These posters will hang in the hallways for everyone to enjoy.

## Health Update

As you all know, H1N1 has been going around. Here are some ways to prevent H1N1 from getting to our school and parish.

- Use hand-sanitizer and/or wash your hands often.
- Cover your coughs
- Try not to touch your mouth, nose, or eyes.
- Sneeze into a tissue or your elbow.

Here are some symptoms of H1N1...

- High fever
- Cough
- Runny or stuffy nose
- Sore throat
- Body aches
- Headaches
- Chills
- Tiredness
- Diarrhea
- Vomiting

If your child is sick  
Please keep them home!